

## Save a knocked out tooth

**PICK IT**

**LICK IT**

**STICK IT**

In the unfortunate event of a tooth being knocked out of the mouth:

- 1. Keep calm
- 2. Find the tooth & **PICK IT** up by the crown
- 3. Clean the mouth by rinsing with water
- 4. Mop up any blood with a tissue
- 5. Hold the tooth by the crown only



If it is visibly dirty get the person to **LICK IT** clean OR pour water over it  
DO NOT scrub the tooth

- 6. Gently **STICK IT** back into position
- 7. Bite down on a hanky or a tissue



Hold the tooth by the crown only

**Go to a dentist as an emergency**

If you are unable to reposition the tooth  
put the tooth in **MILK** and go to a dentist immediately

**\*\* NEVER replant a baby tooth \*\***